

# MONDAY / WEDNESDAY DVD SEMINAR COURSE DESCRIPTIONS – SPRING 2017



| COURSE                    | DESCRIPTION   |
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| <b>Zen Teens Fitness</b>  | <p><b>OVERVIEW:</b> Zen TEENS program teaches functional and athletic movements encompassing all ten general physical skills (cardiovascular endurance, strength, stamina, flexibility, power, speed, balance, coordination, agility, accuracy). We believe in wellness for the whole being – mind, body and spirit. A vast body of research indicates that exercise is beneficial to cognitive function, which means that consistent adherence to the Zen TEENS Fitness Program can have a positive impact on TEENS finding the inner strength and confidence necessary for academic and emotional achievement.</p> <p><b>METHODOLOGY:</b> Zen TEENS Fitness program is proud to be say we follow The Brand X Method of teaching. The Brands X Method is a comprehensive, next-generation fitness framework designed to deliver physical literacy over the life course, preventing injuries, improving sports performance and keeping teens active and engaged for a lifetime.</p> |
| <b>Tennis</b>             | <p>This seminar will provide students with the opportunity to learn the basics of the sport of tennis. Students will learn how to hit using the main strokes: forehand, backhand and volley. Students will also learn how to serve and keep score. Students will be required to wear athletic clothing and tennis shoes to play on the court.</p>   |
| <b>Chicana/o Studies</b>  | <p>This is a seminar in which we look at the Chicana/o history. What Chicana/o means and the connection to the Aztecs, which traces back 500 years.</p>   |
| <b>Board Games</b>        | <p>This would be a time and space for playing games, specifically board games like Settlers of Catan, Pandemic, etc. These games are inclusive (no players are eliminated), school-appropriate, and best of all, thinking games of strategy. Other game styles might be considered if there is a demand, but we will not include games of chance/gambling. Furthermore, if the class really takes off, we can use it as an opportunity to spin it into a workshop for designing our own games at some future point.</p>   |
| <b>Dance Team</b>         | <p>This seminar offers a healthy, fun, energetic way to express yourself and let off some steam! It will boost your confidence, and you'll be part of a team of skilled performers. Be prepared to perform at CD and other community events! Bring water and clothes you can move in.</p>   |
| <b>Work Experience</b>    | <p><b>For 11<sup>th</sup>-12<sup>th</sup> graders only:</b> Da Vinci Design students have the opportunity to participate in the Work Experience Program, whereby they spend a semester working after school at a local business two days a week (unpaid). This assignment teaches students the discipline and professionalism needed to seek and succeed in a first-time job, and gives students real world learning to include on their college applications and resumes. Businesses include large corporations, retail stores, hotels, small businesses, medical facilities, schools, and non-profit organizations.</p>   |
| <b>SAT Prep (English)</b> | <p>SAT prep is a seminar designed to support students studying for the SAT. The seminar includes a variety of preparation activities including direct instruction, group work, and practice SAT testing. This seminar is only open to 11th graders. All students will be required to purchase an assigned SAT prep book. Any student with financial burden should contact administration with any questions.</p>  |
| <b>STEM Literature</b>    | <p>In this seminar we will explore books related to the fields of Science Technology Engineering and Math. Perfect for any student interested in historical writing, or a career in the STEM field. Choosing from several titles, students will read and discuss books that explore an untold story of the fields of biology and engineering.</p>   |

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| <p><b>In the Kitchen Basics and Not-so Basic</b></p> | <p>Are you a Food Network or Cooking Channel junkie? Can you make an au jus sauce? Do you burn water? This seminar will introduce you to skills of the kitchen and improve your skills. At the end of the semester, you'll be ready to bring a side dish to summer parties and have everyone asking, "Where'd you learn that?" This seminar will require the purchase of some kitchen supplies and a monetary donation to purchase ingredients. Students will be using sharp objects, such as knives and blenders; as well as heat sources. Serious students only. This is not a class for free meals, but learning and/or honing a skill. A culminating presentation is used to assess students at the end of the semester.</p> |
| <p><b>Soccer</b></p>                                 | <p>Students would have the option of playing soccer on the back field during this seminar.</p>   |
| <p><b>Otaku, Ganbare!</b></p>                        | <p>In Otaku, Ganbare!, we will spend several sessions each on Anime Films which are regarded as outstanding by most critics, and which often consist of a constellation of movies, OAV's, etc. We will also become familiar with leading Anime creators, such as Hayao Miyazaki, Oshii Mamoru, Kon Satoshi, Shinkai Makoto, and Kamiyama Kenji. We will focus on the "historical" importance, thematic relationships, artistic qualities, and technical aspects of these Anime Films. We will also examine connections with other literary and historical underlying sources for Japanese Anime Films.</p>   |
| <p><b>Knitting and Crocheting</b></p>                | <p>We will learn how to knit and crochet while speaking Spanish outside of class. This seminar will also provide knowledge on how to make different designed scarfs; single or double stitched, knitting or purling. By the end of the semester, we plan to donate our handmade warm products to Little Helping Hands, a group of students who send needed supplies to people who are in need. For example, they recently sent donations to Haiti. Join us to learn, have fun and give back!</p>   |
| <p><b>EL Support Seminar</b></p>                     | <p>EL Support is available to classified English Language Learners, selected upon grades and teacher recommendation. Our goal is to increase conceptual knowledge and foundational language reading, writing and speaking skills. The course will be an inquiry-based research study that provides differentiated reading strategy, basic writing structure, and speaking practice. The instructor will also provide individual support to students with English homework.</p>   |
| <p><b>Film &amp; Documentary</b></p>                 | <p>Explore social, cultural, historical, political, and economic issues of the world through thought provoking film and documentary. Each week we will explore and critique various topics of the world.</p>   |
| <p><b>Rock Band</b></p>                              | <p>In "Rock Band," students ranging from absolute beginners to budding rock stars, will be provided group instruction on the various instruments comprising the modern rock band-guitar, bass, drums, vocals, and keyboards. Students will garner and understanding of basic music theory and technique, as well as participate in regular classroom and public performance showcases.</p>   |
| <p><b>Patch your Heart Out</b></p>                   | <p>In this seminar students will have the opportunity to modify clothing in a variety of ways. Either by cutting and hand sewing old clothes that they were tired of and bored with - or stitching words and designs on any clothing or accessory to give their outfits a personal touch. Students will also have the opportunity to look at different contemporary artists who are creating patches, and pins and other clothing modifying accessories. If they wish to purchase these students can also learn how to properly apply and create new/unique looks in many different ways.</p>  |
| <p><b>Woodshop-Makerspace</b></p>                    | <p>Students should come with desire to make, design, explore, build and maybe even take apart projects of their own choosing. Proper use and safety instruction of basic hand &amp; power tools will be covered.</p>   |



## TUESDAY/THURSDAY DVD SEMINAR COURSE DESCRIPTIONS – SPRING 2017

| COURSE   | DESCRIPTION  |
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| <b>Tennis</b>  | This seminar will provide students with the opportunity to learn the basics of the sport of tennis. Students will learn how to hit using the main strokes: forehand, backhand and volley.  |
| <b>Sociology 001<br/>(College Course)</b>            | This course is an overview of what we know (and do not know) about human behavior and human societies. It examines how social life (life in groups, organizations and societies) affects people, and how people affect each other and their societies. <b>This is a college course offered through West LA College. You will receive a college transcript with this course listed after successful completion. Open to 12<sup>th</sup> and 11<sup>th</sup> graders. 10<sup>th</sup> graders with administrative and counselor approval only.</b>   |
| <b>African American<br/>History through<br/>Film</b> | We will explore African American History Post the Civil Rights movement by discussing topics like: Migration to the North, Interracial Relationships, Police Violence against Black men, and the struggles of Black women.   |
| <b>Yearbook</b>                                      | Are you a photographer? An artist? A writer? A creative person? <b>WE WANT YOU!</b> We are Yearbook. We are readers, writers, athletes, artists, musicians. We come together to run a business and create a lasting memory of the Da Vinci Experience each year. The yearbook brings us together, and the time we spend working and collaborating makes us family. This is also a great addition to your college application and resume! Please note: this is a <b>YEAR LONG</b> seminar.  |
| <b>Disney Magic</b>                                  | We will be learning about the life and accomplishments of Walt Disney and how he changed the entertainment world. We will also be taking a deeper look at how the Walt Disney Company has changed over the years to keep up with the ever-changing world that we live in.  |
| <b>Work Experience</b>                               | <b>For 11th-12th graders only:</b> Da Vinci Design students have the opportunity to participate in the Work Experience Program, whereby they spend a semester working after school at a local business two days a week (unpaid). This assignment teaches students the discipline and professionalism needed to seek and succeed in a first-time job, and gives students real world learning to include on their college applications and resumes. Businesses include large corporations, retail stores, hotels, small businesses, medical facilities, schools, and non-profit organizations. |
| <b>Money Talks</b>                                   | Money talks. This seminar is a chance to take an issue that is important to you, research it, and decide how money can be spent to support your cause. For example, if you strongly support the Black Lives Matter Movement, you may want to persuade more people to spend money at black-owned businesses. You will research this throughout the semester. The only deliverable will be a brochure that you will produce to inform your fellow classmates – who may care about the same cause – how to be a conscious consumer.   |
| <b>Basketball</b>                                    | This course is designed to introduce the basic fundamentals of basketball - passing, dribbling, shooting, and communication. Students also learn the rules, strategies, and proper etiquette as well as an appreciation for a lifetime activity. The scientific foundations of strength training will also be included in this course. The ability to perform the fundamentals will be demonstrated in game situations.  |

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| <b>Archery</b>   | In the seminar you will learn how to participate in Archery. The fundamentals of archery and how to use and care for equipment, basic safety, techniques and fundamentals of shooting but best of all have fun.   |
| <b>Flag Football</b>   | In this active seminar, we will be going over the fundamentals of football, participate in drills and exercises, run plays, compete in scrimmages, and play the first ever Da Vinci Bowl. All genders and levels of skills in the sport are invited: from no experience to having played on a team before. You can expect to be challenged, have fun, build team dynamics, and promote healthy competition. It is MANDATORY to participate, have a good attitude, and support classmates in this seminar at all times.  |
| <b>Lyrical Legacy</b>  | This class is for those who are interested in combining both poetry and the style of hip-hop through various exercises and creative writing techniques. This class will also delve deep into the music production aspect of modern day Hip-Hop, stretching content over DJ-ing and mixing Hip-Hop songs plus various other genres on a live turntable; and the production side to beat making, sampling and much more on sophisticated programs i.e. Serato DJ, FL Studio 12, Audacity and more! Curriculum includes: Creative Writing/Poetry, Music Production Mastery, DJ Mastery, Song Structure/Creation, Music Promotion, and Performance Practice.  |
| <b>Ceramics &amp; Sculpture</b>  | Hand building is the oldest and most primitive form of working with clay. Long before the invention of the pottery wheel, these ancient techniques were employed to create the necessary tools for everyday living. With a rich history stretching back to the beginning of the civilized world, hand built ceramics are amongst the earliest artifacts found on earth. Explore all aspects of creating with clay off the wheel. You'll become very comfortable working with coils, pinch pots and slabs, then using these techniques in combination to model your work. Learn to use underglazes and color additives for decoration. Students will also use the laser cutter for some projects. <b>*Suggested Lab Donation of \$20</b> |
| <b>Social Justice: Inquiry, Design and Action</b>  | Inquiry, Design and Action: In this seminar, students will focus on exposing and ending social inequalities by learning about the intersections of identity which may include gender, sexual orientation, socio-economic class, race, nationality, and/or disabilities. In fostering a better understanding of social inequality, students will dive into their own inquiry of how they could design and implement social change.   |
| <b>Music Production</b>  | "Music Production" is a seminar where students with no prior musical experience can acquire a basic musical understanding, and generate original music for commercials, soundtracks, and songs. More advanced students will have access to Apple Logic Pro X, a Digital Audio Workstation (DAW) widely used by professionals in the audio recording, television, and film industries.   |
| <b>Math Homework Club</b>  | This is a time and space for students to get extra help in math. This seminar is not a separate content curriculum, but rather just a time for students to help each other and get help with their math (and possibly science) assignments. It is mostly designed for students who struggle in math, but we are also looking for students who are very strong in to act as peer tutors.   |
| <b>Free Your Mind: How the Art of Choreography and Dance Performance Can Open Hearts and Minds</b> | Students will analyze dance performances to identify the elements that emotionally impact the audience. By analyzing and discussing the individual performance elements including: music, choreography, costumes, formations, etc., students will determine how to bring awareness to a variety of social issues using dance. Students will have Q&A sessions with guest choreographers, analyze and discuss recorded performances, and choreograph several pieces throughout the semester. There will be three required performances including two flash mobs and a final performance at a scheduled CD.   |
| <b>Hispanic Cultures Through Film</b>  | In this seminar, we'll explore different films that give us insights into the culture of Spanish speakers.  |