



Dear Da Vinci Design Families,

You may have heard from your student(s) or others about the recent Netflix series, *13 Reasons Why*. It has been very popular among teenage students since its release on March 31. The series speaks directly about sensitive issues our teens have to face today such as fitting in, bullying, peer pressure, illegal substances, sexual assault, suicide, and more.

Because the series does not provide direct real world resources, it is important that students receive follow up after watching the series. The creators included a 30 minute commentary titled “13 Reasons Why - Beyond the Reasons” that assists with this, however, we encourage parents and guardians to discuss the series with their teens as well.

Below you will find resources about the series and recognizable signs of teen suicide risk. In addition, our counselors at Da Vinci are available for students to discuss any of the questions or issues this series may raise for them.

As always, please reach out with any questions or concerns. Our first priority is student well-being and safety and we want to support them in any capacity we are able.

Sincerely,

Nicole Cabalar
School Counselor

Karen Grace-Baker
School Counselor

Erin Knott
School Counselor

RESOURCES

<https://www.common sense media.org/blog/5-conversations-to-have-with-your-teens-after-13-reasons-why>

<https://www.jedfoundation.org/wp-content/uploads/2017/03/13RW-Talking-Points-JED-SAVE-Netflix.pdf>

https://www.washingtonpost.com/news/arts-and-entertainment/wp/2017/04/14/the-problem-with-how-13-reasons-why-treats-suicide/?utm_term=.61724119073b

<http://www.youthsuicidewarningsigns.org/youth>

https://www.yspp.org/about_suicide/warning_signs.htm

https://www.yspp.org/about_suicide/what_to_do.htm#ShowYouCare